

# *Plenvu Colonoscopy Prep Instructions*

## **Medications that must be stopped FIVE(5) days before the procedure:**

Aspirin, Plavix (clopidogrel), Coumadin (warfarin), and Anti-Inflammatory drugs (eg: Motrin, Advil, Naproxen, Celebrex, Ibuprofen, Indocin, Aleve)

## **Medications that must be stopped THREE(3) days before the procedure:**

Xarelto (Rivaroxaban), Pradaxa (Dabigatran), Eliquis (Apixaban), Savaysa (Edoxaban), Brilinta (Ticagrelor)

*Please check with your primary care physician or cardiologist whether you need Lovenox injections while you are off the blood thinner medications*

**Can be continued:** (Tylenol, Percocet, Vicodin, Tramadol (Ultram), Oxycontin, Prednisone, Methadone, Codeine, Morphine, Neurontin, Fentanyl, Lidocaine are OKAY and can be continued.)

### **Day Before Colonoscopy**

#### **Follow 1 Day Diet Plan**

**2:30pm**

#### **Take first dose of Plenvu (Mango flavor)**

- Empty dose 1 pouch into mixing container. Add 16 ounces of water. Mix to dissolve. Drink.
- Take your time – finish within 2 hours.
- Using a straw may help.
- Refill container with 16 ounces of clear liquid and drink.

**6 pm**

#### **Take 2 Dulcolax (bisacodyl) tablets**

**8 pm**

#### **Take 2 Dulcolax (bisacodyl) tablets**

**9:30pm**

#### **Take second dose of Plenvu**

- Empty dose 2 pouches (A and B) into mixing container. Add 16 ounces of water. Mix to dissolve. Drink.
- Take your time – finish within 2 hours.
- Using a straw may help.
- Refill container with 16 ounces of clear liquid and drink.