

WINDHAM GI, LLC

_____, you have been scheduled for the following procedure

date: _____

UPPER ENDOSCOPY

arrival time: _____

at

Windham Hospital - 112 Mansfield Ave Willimantic, CT 06226 tel: (860) 456-6748
use the Main Shea entrance and report to Ambulatory Care on the 2nd floor

River Valley Ambulatory Surgery Center- 45 Salem Turnpike, Norwich, CT 06360
tel.: (860) 859-9948

You have also been scheduled an office follow visit on _____

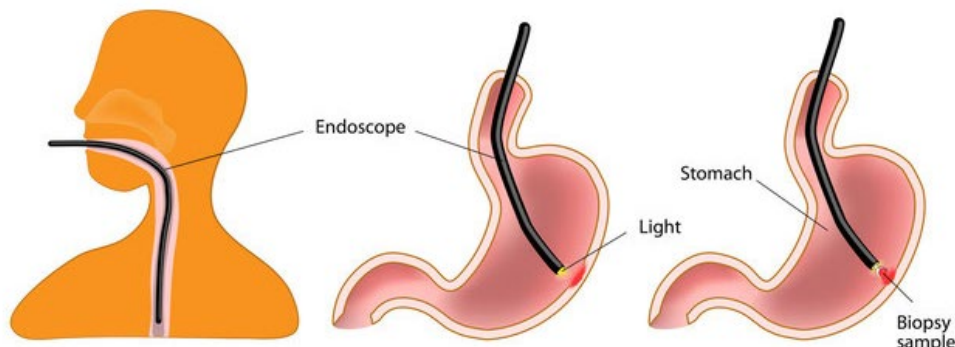
IMPORTANT INFORMATION

- At least 5 days' notice is needed for any cancellation or rescheduling of your procedure or a charge may be applied
- We are happy to answer any questions about our office billing. There may be other procedure charges from outside our office (facility, anesthesia, or pathology) which are not connected to us in any way
- Call the office with any questions regarding your prep or procedure at **(860) 423-3299**
- The anticipated time of discharge is 2 hours after your arrival time
- The medication that you will receive will remain in your system for approximately eight hours following the procedure; therefore, you will not be allowed to leave the unit unattended or to drive home. These safety regulations are mandatory for your protection and if not followed your procedure may be canceled

Upper Endoscopy Prep Instructions

Upper GI Endoscopy

EGD (Esophagogastroduodenoscopy)



Medications that must be stopped FIVE (5) days before the procedure:

Aspirin, Plavix (clopidogrel), Coumadin (warfarin), and Anti-Inflammatory drugs (eg: Motrin, Advil, Naproxen, Celebrex, Ibuprofen, Indocin, Aleve)

Medications that must be stopped THREE (3) days before the procedure:

Xarelto (Rivaroxaban), Pradaxa (Dabigatran), Eliquis (Apixaban), Savaysa (Edoxaban), Brilinta (Ticagrelor)

Please check with your primary care physician or cardiologist whether you need Lovenox injections while you are off the blood thinner medications

Can be continued: (Tylenol, Percocet, Vicodin, Tramadol (Ultram), Oxycontin, Prednisone, Methadone, Codeine, Morphine, Neurontin, Fentanyl, Lidocaine are OKAY and can be continued.)

Day of Upper Endoscopy

- **DO NOT** eat or drink anything after midnight, you are fasting until the procedure is over.
- **ONLY** your blood pressure, seizure, or anxiety medications are to be taken in the early morning with a tiny sip of water, if you have asthma, bring your inhalers
- **You CANNOT** drive the entire day, you will need a ride home
- Remove all your jewelry and leave it at home
- Bring an extra pair of underwear in case of accidents

ONLY FOR DIABETICS: do not take insulin or diabetes medications on the day of your procedure.