

# WINDHAM GI, LLC

\_\_\_\_\_, you have been scheduled for the following procedure

COLONOSCOPY

date: \_\_\_\_\_

UPPER ENDOSCOPY/COLONOSCOPY

arrival time: \_\_\_\_\_

at

**Windham Hospital** - 112 Mansfield Ave Willimantic, CT 06226 tel: (860) 456-6748

- use the Main Shea entrance and report to Ambulatory Care on the 2<sup>nd</sup> floor

**River Valley Ambulatory Surgery Center**- 45 Salem Turnpike, Norwich, CT 06360

- tel:860-859-9948

You have also been scheduled an office follow visit on \_\_\_\_\_

## IMPORTANT INFORMATION

- *At least 5 days' notice is needed for any cancellation or rescheduling of your procedure or a charge may be applied*
- We are happy to answer any questions about our office billing. There may be other procedure charges from outside our office (facility, anesthesia, or pathology) which are not connected to us in any way
- Pick up your prep from your pharmacy within 2 days
- Read through this packet and follow only our prep directions - disregard any pharmacy instructions
- Call the office with any questions regarding your prep or procedure at **(860) 423-3299**
- The anticipated time of discharge is 2 hours after your arrival time
- The medication that you will receive will remain in your system for approximately eight hours following the procedure; therefore, you will not be allowed to leave the unit unattended or to drive home. These safety regulations are mandatory for your protection and if not followed your procedure may be canceled

# *Clenpiq Colonoscopy Prep Instructions*

## **Medications that must be stopped FIVE(5) days before the procedure:**

Aspirin, Plavix (clopidogrel), Coumadin (warfarin), and Anti-Inflammatory drugs (eg: Motrin, Advil, Naproxen, Celebrex, Ibuprofen, Indocin, Aleve)

## **Medications that must be stopped THREE(3) days before the procedure:**

Xarelto (Rivaroxaban), Pradaxa (Dabigatran), Eliquis (Apixaban), Savaysa (Edoxaban), Brilinta (Ticagrelor)

Please check with your primary care physician or cardiologist whether you need Lovenox injections while you are off the blood thinner medications

**Can be continued:** (Tylenol, Percocet, Vicodin, Tramadol (Ultram), Oxycontin, Prednisone, Methadone, Codeine, Morphine, Neurontin, Fentanyl, Lidocaine are OKAY and can be continued.)

### **Day Before Colonoscopy**

#### **Follow 1 day diet plan**

**2:30pm**

#### **Take first dose of Clenpiq**

- Drink 5 cups (40 ounces) of clear liquids over the next 5 hours

**6 pm**

**Take 2 Dulcolax (bisacodyl) tablets**

**8 pm**

**Take 2 Dulcolax (bisacodyl) tablets**

**9:30pm**

#### **Take second dose of Clenpiq**

- Drink 3 cups (24 ounces) of clear liquids over the next 2 hours